

****PRESS RELEASE****

NOVEMBER 2019

PAUSE MEDITATION LEASES SPACE IN THE HEART OF MAMARONECK, NEW YORK



Royal Properties, Inc. is pleased to announce that Pause Meditation, LLC signed a lease for 750 square feet at 434 Mamaroneck Avenue, Mamaroneck, New York.

Pause Meditation is Westchester's premier mindfulness studio providing health and wellness classes including private client sessions, workshops and special events. At Pause they offer a variety of ways to learn about meditation, mindfulness, and the power of group meditation. In our modern world, we are more connected through technology than ever before, yet we are feeling more disconnected, stressed and isolated. Pause wants to provide a space for people to come together as a community, pause and breathe. Visit their website at <https://pausewestchester.com/>

"We are thrilled to assist Pause Meditation in finding their new beautiful studio location in the heart of Mamaroneck. They plan to open this Fall," states David Landes, Principal of Royal Properties, Inc., who was the sole broker in this transaction. Houlihan-Parnes, LLC is the property owner.

426-434 Mamaroneck Avenue is a 10,850 square foot retail/office storefront in the heart of Mamaroneck, NY. This property is situated across the street from Metro North train station and provides plenty of on-street parking. Pause Meditation will join an excellent retailer mix including Smash Burger, Hand & Stone, AT&T, Chase, Frankie & Fanucci's, UFC Gym, CVS, Chase, Red Plum, Dunkin' and many more

For additional information on Pause Meditation, LLC or other opportunities in New York, please contact David Landes at 914-237-3400, Ext. 104 (David@RoyalPropertiesInc.com). Visit our website at www.RoyalPropertiesInc.com.

Royal Properties, Inc. is a retail brokerage and consulting company specializing in the placement of retailers throughout New York, New Jersey & Connecticut. To learn more about Royal Properties, Inc., please call 914-237-3400 or visit our website at www.royalpropertiesinc.com.



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